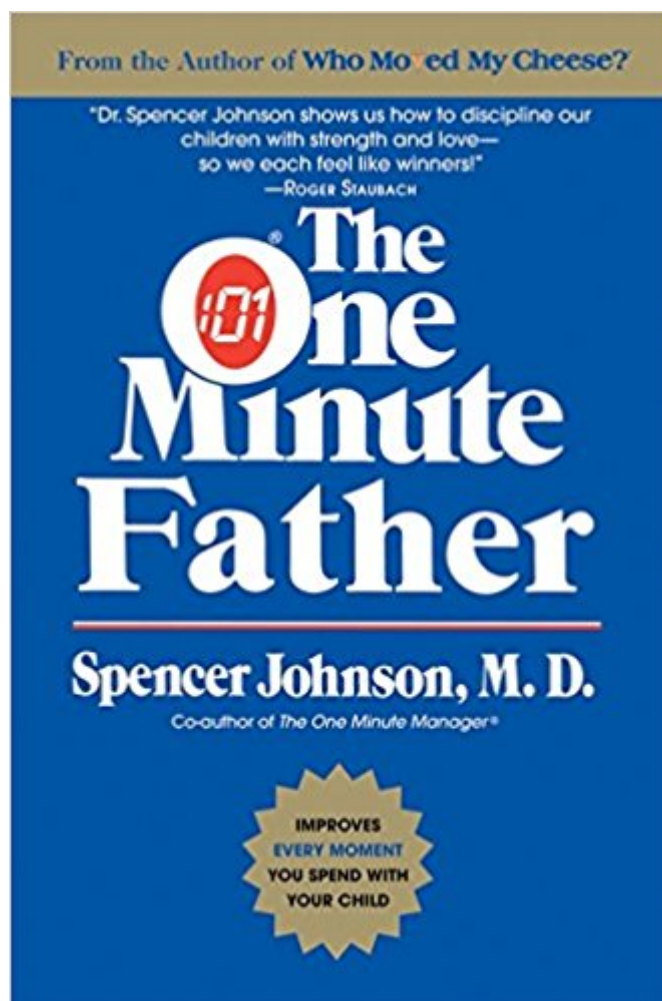


The book was found

The One Minute Father (One Minute Series)



Synopsis

The One Minute Father is the seminal One Minute book. A man who sees that he has been a better provider than parent learns by trial and error how to be more nurturing. He first learns a more effective way to discipline -- applying One Minute Reprimands. Then his children help him discover two even more important parenting methods -- One Minute Praisings and One Minute Goals. Using these practical methods, a father develops more confidence in himself as a parent, as he and his children enjoy a happier family life. The One Minute Father begins where most fathers are and takes them to where they want to be.

Book Information

Series: One Minute Series

Paperback: 112 pages

Publisher: William Morrow Paperbacks (October 16, 1995)

Language: English

ISBN-10: 0688144055

ISBN-13: 978-0688144050

Product Dimensions: 5.5 x 0.3 x 8.2 inches

Shipping Weight: 3.2 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars 24 customer reviews

Best Sellers Rank: #404,070 in Books (See Top 100 in Books) #313 in [Books > Parenting & Relationships > Family Relationships > Fatherhood](#) #4996 in [Books > Parenting & Relationships > Parenting](#) #47169 in [Books > Health, Fitness & Dieting](#)

Customer Reviews

"The quickest way for you to help your children learn to like themselves and want to behave themselves."--" Spencer Johnson, M.D.

Spencer Johnson, MD, is one of the most admired thought leaders and widely read authors in the world. His books, including the #1 bestseller *Who Moved My Cheese?*, are embedded in our language and culture. Called "The King of Parables" by USA Today, Dr. Johnson is often referred to as the best there is at taking complex subjects and presenting simple solutions that work. His brief books contain insights and practical tools that millions of people use to enjoy more happiness and success with less stress. Over 50 million copies of Spencer Johnson's books are in use worldwide in 47 languages.

Spencer Johnson always does a good job of breaking an idea down to some key components that can then be built upon to create a positive outcome. I was skeptical of "The One Minute Father" as most people seem to be about all of the One Minute Ideas. Don't let the title fool you. By using the common sense approach to disciplining your children, you will eliminate the negative time to small points in time while giving you the opportunity to spend a great deal of time in a positive and rewarding relationship with your child(ren). This is a must read for any parent. The things that we often know but won't believe are possible are possible. I have started following the advice given in this book more regularly and I can already see one of my children turning the corner in how she sees herself and her actions and how the two are not necessarily the same. Give this book as a gift to yourself and anyone else you know willing to learn how to be a better, happier and more successful parent.

Easy read with a lot of good advice!!! I bought this book for my husband years ago & now for my son!!!

What a Wonderful little book. Very easy to read but full of helpful information. It is all the things we have thought about doing and know that we should be doing put into simple, direct terms. Only 3-4 Major Lessons here so not a lot to read, study, think about. So easy. I have been a stay-at-home father for almost a decade now and I wish I had read this 10 years ago. If you are a father you would benefit from reading this--even if just a reminder for you. Also, good to share with your spouse so that you are parenting from the same page. So Wonderful! Here is another simple, direct read for those of you looking at home based business opportunities. Holly Roush shares how easy it can be to achieve your Dreams if you go beyond "Try" and actually "DO!" Holly Would: You Can Be Confident Too!

This is a great book. Quick and easy to read. Kids need discipline. But, they need it in decisive, clear, no uncertain terms. Not hour long lectures that rabbit trail into every mistake they've made, you've made, or hypothetically could ever be made. More than that, they need to know they are good and loved. This book helps you figure out how to do all of that.

This book and the concepts it shares with the One Minute (Manager) Series are the basis for the way I am raising my daughter. Manage behavior and unconditionally love the child. It works for

parenting, management, and even marital relations. This book puts the principles of the One Minute Manager in the natural context of the parent child relationship. It is a gem of a book. I have given several copies to friends, employees, and in 1992 to my (then) future wife. Not only did I give her the book, I recorded it on cassette in my voice for her to study. She did. We have now (5/2000) been happily "Catching each other doing things right" for over 7 years as husband and wife. In the same way, we have harnessed the incredible power of One Minute style praising and reprimanding our daughter with fantastic results.(Comment as of 2008:I still give this and other One Minute books to friends and co-workers, often the Japanese language editions. I still stand by every word of this review. And I still believe this series provides an excellent mental framework for dealing with the stresses of parenting, managing, and being a spouse.--Walter Willenkin, Japan, April 2008 --)Comment as of 2011: Now she is a teenager. This still works.Check this again in a few years. I bet she is still self-managing!Stay posted to see how she turns out! --Walter Willenkin, Japan, January 2011Comment as of August 2016: Earning honors from her (I.B.) high school, she has been accepted to all five colleges to which she applied.Now 18, she begins college next week intent on majoring in psychology. With high self-respect, she has avoided alcohol, drugs and other temptations, so far. As a Bonner scholar at Rollins College, she is set to contribute to society in ways I can only imagine. I will update in a year or two. --Walter Willenkin, Japan, August 2016Today I have posted a long list of other helpful books and audiobooks on my personal website.

Some good lessons, but this book is written as if it were meant for idiots. Its seriously written at like a 3rd grade level.

This book has been a all time favorite of mines over the years. I lost my original copy and wanted to acquaint a friend to a simple, effective means of working with a disciplinary issue. The principle still works... The shipper shipped the product quickly and it was in good condition.

Great book with positive parenting tips.

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